



HEALTH

New York State
PROMISE

FINANCE

Charting Your **PATH** TO Success

WESTERN NEW YORK

EDUCATION

ALBANY

EMPLOYMENT

COMMUNITY
PARTICIPATION

COMMUNITY
LIVING

This worksheet belongs to:



NYC

Learn more about services and supports available to help you on your path to living, learning and earning as an adult at:

paths.nyspromise.org/locator

SELF-
DETERMINATION

Resources

Agencies and organizations that will support you on your PROMISE path

NYS Career Centers

NYS Career Centers (also known as One Stop Centers) are designed to provide a full range of assistance to job seekers. These locally-based Centers offer training referrals, career counseling, job listings, and other similar employment-related services. Career Centers in New York State are coordinated by the NYS Department of Labor. You can locate the Career Center nearest you at <https://labor.ny.gov/career-center-locator>.

Work Incentives Planning and Assistance (WIPA)

WIPA projects are funded by the Social Security Administration to assist youth and adults who receive disability benefits in making informed choices about preparing for, getting, keeping, and advancing in a job. Community Work Incentives Coordinators at the WIPA project provide free, in-depth counseling services about benefits and the effect of work on those benefits to individuals who receive Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI)—helping to develop a path to work and greater economic independence. Find your WIPA at www.chooseworkttw.net/findhelp.

State Vocational Rehabilitation Agencies

These agencies can assist youth and adults with disabilities who want to work but need more significant services. These services and supports can include, but not be limited to, tuition for school, extensive job training, rehabilitation services, vehicle modifications, job search and placement, ongoing employment support, assistance with job modifications, and others. Individuals who are blind or visually-impaired can access vocational rehabilitation through the Office of Children and Family Services, NYS Commission for the Blind at <http://ocfs.ny.gov/main/cb>. All other individuals can access vocational rehabilitation through the New York State Education Department Adult Career & Continuing Ed Services at www.acces.nysed.gov/vr.

Protection and Advocacy for Beneficiaries of Social Security (PABSS)

PABSS projects are funded by the Social Security Administration to help beneficiaries of Social Security Disability Insurance and Supplemental Security Income who have disability-related employment issues. Advocates at PABSS projects provide legal support, advocacy and information to assist beneficiaries to resolve employment-related concerns. Find your PABSS at www.chooseworkttw.net/findhelp.

Independent Living Centers (ILC)

ILC are funded by both the federal government and New York State. ILC are community-based organizations whose main focus is to teach youth and adult with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, information and referral, and other services based on the unique demographics of your community. Find the ILC nearest you at www.nysilc.org/index.php/ilc-directory.

Parent Centers

Parent Centers provide parents of children with disabilities with information, resources, and strategies to: promote the meaningful involvement in their children's education programs, including information regarding the special education process; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts, including use of resolution and mediation; assist in understanding due process rights; and, enhance parent's skills and levels of confidence to communicate effectively and work collaboratively with other schools and stakeholders to advocate and actively participate in their children's education programs. Locate the Parent Center serving your community at www.p12.nysed.gov/specialed/techassist/parentcenters.htm.

Western New York Agency List

PARENT CENTER

Parent Network of Western New York

1000 Main Street
Buffalo, NY 14202
716-332-4170
Toll-free: 866-277-4762

www.parentnetworkwny.org

info@parentnetworkwny.org

ACCES-VR REGIONAL OFFICES

ACCES-VR Buffalo Office

508 Main Street
Buffalo NY 14202
1-888-652-7062

www.acces.nysed.gov/vr/buffalo-district-office

Counties served: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, Wyoming

OPWDD REGIONAL OFFICES

Region 1: Western New York

Rochester: 585-241-5700
West Seneca: 800-487-6310

www.opwdd.ny.gov/opwdd_contacts/ddro/1

Counties served: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans

RSE-TASC

Region 9: West
355 Harlem Road
West Seneca, NY 14224
716-821-7540

DOH REGIONAL OFFICE

New York State Department of Health

www.health.ny.gov/facilities/cons/more_information/regional_offices.htm

Buffalo Office

584 Delaware Ave
Buffalo, NY 14202-1295
716-847-4302

Counties served: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, and Wyoming

Rochester Office

Triangle Building
335 East Main St
Rochester, NY 14604-2127
585-423-8100

Counties served: Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, and Yates

OCFS (CB)

New York State Office of Children and Family Services

<http://ocfs.ny.gov/main>

Ellicott Square Building
295 Main Street, Room 590
Buffalo, NY 14230
716-847-3516

Adults and children served: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Livingston, Monroe, Niagara, Ontario, Orleans, Steuben, Wayne, Wyoming, and Yates Counties

Only children served: Chemung, Schuyler, and Seneca Counties

VR and ALP only: Monroe, Ontario, and Wayne Counties

The New York State Commission for the Blind (NYSCB) provides vocational rehabilitation and other direct services to legally blind New York State residents, including children, adults, and elderly persons. One of NYSCB's primary objectives is to assist consumers in achieving economic self-sufficiency and full integration into society.

ONE-STOP CENTERS

Williamsville Career Center

4175 Transit Road, Transitown Plaza
Williamsville, New York 14221
716-634-9081

Zip codes served: 14043, 14150, 14223, 14225, 14226, 14227, 14231

Buffalo Career Center

284 Main Street
Buffalo, New York 14202
716-851-2600

Zip codes served: 14201, 14202, 14203, 14204, 14205, 14206, 14207, 14208, 14209, 14210, 14211, 14212, 14213, 14214, 14215, 14216, 14218, 14220, 14222, 14240

Niagara's WorkSourceOne One Stop Career Center

1001 Eleventh Street

Niagara Falls, New York 14301

716-278-8108

Zip codes served: 14301, 14302, 14303, 14304, 14305

LOCAL TRANSITION AGENCIES

Aspire of WNY

2495 Main St. Suite 422

Buffalo, NY 14214

716-836-7235

Baker Victory Services

790 Ridge Road

Lackawanna, NY 14218

716-828-7205

**Community Services for the Developmentally Disabled
(CSDD)**

2180 Genesee Street

Buffalo, NY 14211

716-896-2180

Heritage Centers

101 Oak Street

Buffalo, NY 14204

716-856-4202

Learning Disabilities Association of WNY

2555 Elmwood Avenue

Kenmore, NY 14217

716-874-7200

People, Inc.

4286 Delaware Avenue

Tonawanda, NY 14150

716-817-5746

Western NY Independent Living Center

3108 Main Street

Buffalo, NY 14214

716-836-0822



Charting Your PROMISE Progress

Chart the progress of your skills as you journey along the PROMISE path!

Directions: Enter milestones and goals into the boxes and cross them off when you're done!

	Milestone 1	Milestone 2	Milestone 3	GOAL:
EMPLOYMENT				
EDUCATION				
COMMUNITY LIVING				
SELF-DETERMINATION				
HEALTH				
FINANCE				
COMMUNITY PARTICIPATION				

Case Manager:

Contact Info:

A colorful illustration of a city and rural landscape. In the foreground, two women stand on a city street; one is waving and holding a coffee cup. In the background, a man in a blue shirt and tie waves while holding a clipboard, and a woman in a green jacket waves. A banner with the word 'BUFFALO' is visible. The background shows a mix of city buildings and a rural area with houses and trees.

www.NYSPROMISE.org

New York State PROMISE

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Email: NYSPROMISE@cornell.edu

The contents of this folder were developed under a grant from the U.S. Department of Education, H418P130011. However, these contents do not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.